

Stella Luna Yoga

Cloud Nine Yoga School 200-hour Teacher Training

2017 Trainings at Stella Luna Yoga

Summer - July 10th-27th 9am-6pm Monday-Thursday

Fall - begins September 5th. Tuesday nights 6:30-9:30pm. Selected Saturdays 9am-5pm.

Requirements

1. Complete 200 hours of approved training, workshops, retreats etc.
 - 45 hours - Asana Intensive/Anatomy (we cover this through our meetings together)
 - 45 hours – Lecture (we cover this through our meetings together)
 - 20 hours - Yoga class practice w/certified instructor* (we include 10 classes)
 - 30 hours – Retreat
 - 20 hours – Internship with a Cloud Nine Yoga instructor
 - 20 hours - Personal Studies
 - 10 hours- Karma Yoga.
2. Keep a writing journal and log of hours
3. Complete required reading assignments
4. Pass written test and final teaching evaluation
5. Retreat: It is required that you attend a Cloud Nine Yoga approved yoga retreat.

Payments

***Tuition::** \$2600.00

\$100 due the first week of class non-refundable application fee

Payments are the first week of class and the 15th of each month

Includes 20 hour Internship at Stella Luna Yoga & 10 classes

Any payments received after due dates include a **\$25 late fee. No exceptions**

Payments made by cash, check, or credit card.

***Certification::** \$400 non-refundable (due 2nd week of training)

This includes your manual & Yoga Alliance National Registry 200hr certificate
you must register with Cloud Nine Yoga LLC

You can send checks/money order to Erika's house (preferred)

45851 Palmetto Way Temecula, CA 92592

Or pay online through: www.cloudnineyoga.com

Certification will not be issued until all payments & requirements met.

Retreat

Aug 16-20 we are camping at Palomar Mountain \$444

If you sign up for summer or fall certification in advance you only pay \$222

Books

Required: [Yoga Mind, Body and Spirit: A Return to Wholeness](#) (Donna Farhi)

Required [Yogabody: Anatomy, Kinesiology, and Asana](#) (Judith Hansen Lasater)

Required : [Light on Yoga: The Bible of Modern Yoga...](#) (B.K.S. Iyengar)